



# IN THIS TOGETHER!

North American Training Solutions believes in **empowering individuals with the resources needed to safely perform their jobs so that at the end of the day, everyone returns home safely to their friends and family**. Our safety expertise and familiarity with high risk environments positions us well to support America's critical infrastructure workers who remain on the front lines through this COVID crisis.

In response to the current situation, we stay true to our mission to serve, share, support-sustainably.

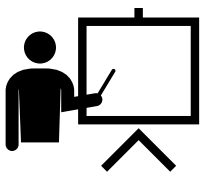
We **SERVE** through creating and sharing a safety resource using the [NIOSH Hierarchy of Controls](#) to mitigate the COVID hazard. This can be applied in your home and on the job site.

We **SHARE** through a FREE webinar series, [OSHA Compliance in Response to COVID-19](#), designed to help you prepare your workplace to address COVID-19 compliance in accordance with OSHA and CDC guidelines.

We **SUPPORT** you and your family by sharing [foundational health tips](#) from our Health and Wellness Director, Dr. Amanda Carpenter, PT, DPT. You can find these on our social media channels as well as our webinar platform.

To honor our mission and remain fiscally viable, we choose to do this all **SUSTAINABLY**. We have transitioned to video teleconference training programs; we have developed written programs and resources that can be delivered electronically; and we are ready to support critical infrastructure through our consulting and site safety services.

## TRAINING



- Electrical Hazard Awareness Training
- OSHA 10- and 30-Hour Programs
- Leadership Development
- Empower the Educator

## CONSULTING



- Safety Monitoring and Auditing
- Risk Management

## WRITTEN PROGRAMS



- Safety Manuals
- Employee Handbooks
- Job Safety Analysis/Job Briefing Forms
- OSHA Written Programs
- Tailgate Safety Programs
- Vehicle and Equipment Inspection Checklist

## HEALTH & WELLNESS



- Organizational Performance Assessment
- Vitality Programs
- Personal and Organizational Stress Management
- Building Personal Resilience
- Custom Wellness Programs
- HeartMath® Resilience Program
- HeartMath® Technology

We are here to meet your business and operational needs, both through our complimentary resources and our standard products and services. No matter the environment you are forced to currently work in, we can and will accommodate your needs while honoring our mission.

**Contact us** for more information on how we can help during this current pandemic and once we resume our in-person services.

